



Are you:

- Transitioning between jobs?
- Anticipating a transition?
- Supporting those who are transitioning?

If so, attend March's Learning Event to learn how to develop resilience.

Wednesday, March 25
6–8:15 p.m.
Doubletree Club Hotel
7 Hutton Centre Drive
Santa Ana



March Learning Event: **Even a Duck Can Drown!** **The Keys to Building Your Resilience**

With Maureen Orey, M.Ed., CPLP

You have heard the saying, "Let it roll off you, like water off a duck's back," but did you know ducks aren't always water resilient? A duck needs certain key elements to develop that water resilience! Come hear the story of the duck and what we can learn about building our own resilience.

Resilience is the capacity to not only survive life's challenges, but to learn and grow from them—to become stronger as a result of such challenges. While stress, trauma, adversity, and dramatic change are rarely welcome, your personal resilience enables you to find a way to move beyond the challenge and toward a stronger self. This capacity, a key factor in determining how people will respond to change, is something each of us can strengthen in our lives.

Our objectives for the March Learning Event will be to:

1. Define resilience and its importance in an age of uncertainty
2. Identify the characteristics that enable someone to be resilient
3. Learn how to develop your own resilience and support its development in others

We are living in uncertain times: the difficult economic situation, companies cutting their workforce to survive, and a governmental bailout like no other. Using the metaphor of a duck's waterproofing, we will explore the keys to building your personal and professional resilience. The session will focus on the power of resilience and the characteristics that enable someone to be resilient

Maureen C. Orey, M.Ed., CPLP, is an award-winning international speaker with over twenty years of experience in the fields of management, training, and human resources. She has worked with organizations in the corporate, non-profit, and academic environments. Maureen is one of the Pilot Pioneers for ASTD's Certified Professional in Learning & Performance (CPLP) program. She was selected to be one of the 2005 and 2006 Businesswomen of the Year by the Business Advisory Council, and in 2003 and 2005 she was awarded the Volunteer-Staff Partnership Award by the American Society for Training and Development (ASTD). In 2007 she received the

Continued on page 2

Calendar of Events

Monday, March 16

6–8 p.m.

ASTD-OC Board Meeting

The Board Meeting is open to all ASTD Orange County Members. Contact Anthony Harmetz at President@astdoc.org if you are interested in attending.

Tuesday, March 24

6–9:30 p.m.

Total Trainer Workshop

Register now for this ten-session series beginning on March 24. This series features some of the finest facilitators, coaches, and senior training professionals Orange County has to offer. It is designed to help you develop, facilitate, and implement training programs. Visit www.astd.org to reserve your seat today.

Location: Orange County Transportation Authority, Orange

Contact: Joy Gavazzoni (714) 651-6472 or jgavazzoni@freedom.com

Wednesday, March 25

6–8:15 p.m.

Monthly Learning Event: Even a Duck Can Drown! The Keys to Building Your Resilience

Using the metaphor of a duck's waterproofing, Maureen Orey, M.Ed., CPLP, will explore the keys to building personal and professional resilience. The session will focus on the power of resilience and the characteristics that enable someone to be resilient. This Monthly Learning Event is relevant to those who are in transition, anticipating a transition, or in a position to support those who are in transition. Visit the ASTD-OC website to register.

Location: Doubletree Club Hotel, 7 Hutton Centre Drive, Santa Ana

Facilitator: Maureen Orey, M.Ed., CPLP

Tuesday, April 7

11:30 a.m.–1 p.m.

Organizational Development SIG Meeting

Sign up to receive automatic invites to this SIG at <http://tinyurl.com/cuy2k>.

Location: Chapman University College, Irvine Campus, 7545 Irvine Center Drive, Suite 150, Room 11, Irvine

SIG Leader: Karen Carlsen (949) 314-1069 or kcarlsen@advantageperformance.com

Thursday, April 9

7–8:30 p.m.

Career Management SIG Meeting

Location: Whole Foods Cafe, The District, 2847 Park Avenue, Tustin

SIG Leader: Karen Moraski, karenmoraski@yahoo.com

Monday, April 13

6–8 p.m.

ASTD-OC Board Meeting

The Board Meeting is open to all ASTD Orange County Members. Contact Anthony Harmetz at President@astdoc.org if you are interested in attending.

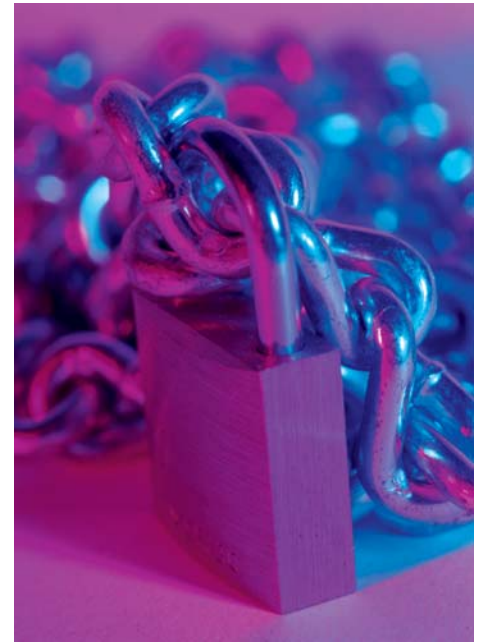
Wednesday, April 22

11 a.m.–1 p.m.

Monthly Learning Event

Free up your calendar for this event. Visit the ASTD-OC website for updated info on this event.

Location: Turnip Rose, 300 South Flower, Orange



Online registration is now more secure than ever with ASTD-OC's Secure Sockets Layer (SSL) Certificate.

March Learning Event Continued from page 1



Maureen Orey, M.Ed., CPLP

highest award from the San Diego Chapter of ASTD, the Willa-Mae Heitman Award. Most recently, she was recognized as the 2008 Outstanding Instructor of the Year for San Diego State University's College of Extended Studies.

An engaging speaker, Maureen is dedicated to developing managers and leaders for the future; she is the President of the Workplace Learning and Performance Group and serves as the Director of Training & Continuing Education for the Scaffold Industry Association. She is the author of two books: *Successful Staffing in a Diverse Workplace* and *Communication Skills Training*. In addition to her work in the private sector, she has taught at four universities and is currently an Adjunct Professor teaching a course on "The Multi-Cultural Organization" for Chapman University.

March Learning Event Structured Networking Activity

**Facilitated by
Denise Lamonte
6:45–7:00 p.m.**

Total Development for the Trainer—ASTD-OC's Total Trainer Program

Each year, Orange County facilitators band together to share their knowledge with those in the field who wish to sharpen their training skills. ASTD-OC's Total Trainer provides an opportunity unlike any other – the opportunity to learn, practice, and evaluate training skills necessary to excel in this career.

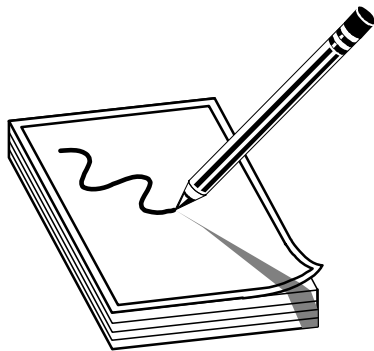
"I loved the variety of classes, and the uniqueness that each facilitator brought to the class," says Kelli Burns, a training specialist at Canfield and Associates, of the Total Trainer program she attended last fall. "I'll be able to use so many of these tools in my day-to-day work." As a subject matter expert—turned trainer, Kelli was one of many who was able to apply the skills she learned almost immediately.

ASTD-OC's Total Trainer program is ten sessions designed to help training professionals develop, facilitate, and implement training programs. Students learn how to include structural design in their training material, analyze training needs, and determine if the client's request is even a training issue. Taught by some of the highest caliber training professionals from the ASTD-OC chapter, the program takes participants from the initial needs analysis to developing training materials, presenting training, and conducting the final evaluations.

Perfect for training specialists, instructional designers, and training managers not well versed in the ADDIE model of instructional design, the program is also excellent for trainers wanting to make a broad contribution to their department. "The program lived up to its name and made me a 'Total Trainer,'" said one past participant.

Let Yourself Be Heard

Have an interesting training experience you would like to share? Know a good training tip you think your colleagues could use? Attended a local or international ASTD event recently? If so—or if you would just like to speak your mind—the OrangeSpiel is always looking for articles to enhance our quarterly editions. Submit any article to the OrangeSpiel Manager, Steve Belisle, at scbelisle@earthlink.net.



ASTD-OC on LinkedIn

No fuss, no muss. This is where the ASTD-Orange County Chapter meets online. You don't have to be a formal member of the chapter to join this forum. But, we hope you will because we get together frequently in the real world, too.

Have you joined the discussion yet? So far, we have 201—and climbing—members involved with our LinkedIn community. Don't be left out. Visit the ASTD-OC website for more information on signing up or <http://www.linkedin.com/groups?gid=142986>.

Don't be left out in the cold! Join our chapter's LinkedIn discussion group and join the conversation!



Save these dates on your calendar for ASTD-OC Monthly Learning Events:

- April 22, Lunch at the Turnip Rose
- May 27, Dinner at the Doubletree Hotel
- June 24, Lunch at the Turnip Rose

It Doesn't Work ... Without the Network

Sure, our ASTD-OC Job Board features job opportunities not found just anywhere.

Sure, it's free to post job openings on our board, making it an affordable way to reach training and development professionals.

Sure, it's powered by JobInq.com, a local resource for job seekers. But that's not enough.

We need *your help* to make the ASTD-OC Job Board a powerful job search resource for all ASTD-OC members.

Here's how you can help:

- 1) Is there a Training & Development opening at your company? Email us at OCJobs@astdoc.org.
- 2) Tell your HR or Recruiting team about how they can find quality employees, for free, through the ASTD-OC Job Board.
- 3) Networking with other recruiters? Tell them about the ASTD-OC Job Board!



**Both online and printable
registration forms for all events are
available at www.astdoc.org.**